

## Spanish Immersion Course Checklist

- Video lessons - At least 3 times per week - Monday, Wednesday, and Friday
  
- Use the cheat sheets to follow along with lessons, but also use them to quiz yourself at least 2 times per week to practice pronunciation and comprehension
  
- Workbooks - At least 2 times per week on Tuesday and Thursday - the first week you can do them while watching the video lesson.
  
- Spanish while sleeping at least 5 nights per week and at least 20 minutes during the day (when you're on the way to work, working out, cooking etc.)
  
- Quiz yourself at the end of each phase using the workbooks to make sure you are ready to move on to the next phase. If you are not ready then do not continue until you feel that you have learned all the content.